



## LOOKING FOR GLUTEN-FREE? WATCH FOR THESE SIGNS IN THE AISLES

<b>A</b> Air Freshener .....8	<b>F</b> Feminine Hygiene.....9	<b>P</b> Peanuts.....7
All-Purpose Cleaner.....8	Floor Wax .....8	Pickles.....5, meat
Aluminum Foil.....7	Flour .....5	Pie Filling.....5
Aluminum Bakeware.....7	Formula [baby] .....9	Pizza [frozen].....frozen
Applesauce .....2	Fruit Snacks.....3	Pizza [gluten free].....frozen
	Furniture Polish.....8	Plastic Ware & Wrap.....7
<b>B</b> Baby Food.....9	<b>G</b> Granola.....1,4, bakery	Pop Tarts.....3
Bagels [frozen].....dairy, frozen	Granola Bars.....3	Popcorn & Potato Chips.....7
Baked Beans.....2	<b>H</b> Hair Care/Spray.....9	Potatoes [boxed] & Gravy.....2
Baking Needs.....5	Hot Cereal.....4	Potatoes [frozen].....frozen
Bar Soap.....9	Housewares.....8	Potatoes [mashed].....meat
Bath Cleaners.....8	<b>I</b> Ice Cream.....frozen	Pretzels.....7
Bath Tissue.....10	Ice Cream Toppings.....frozen	Pudding Cups.....dairy, 5
BBQ Sauce.....5	Insecticides.....7	
Beer, Wine & Liquor.....front of 10	Instant Coffee.....4	<b>R</b> Raisins.....5
Birdseed.....produce, 8	International.....2	Rice.....2
Bleach .....8	(Asian, Chilean, Greek, Hispanic, Indian, Italian, Mediterranean)	Rice Cakes.....1
Bread.....1, bakery, gluten free, frozen	<b>J</b> Jell-O & Snack Packs .....dairy, 5	Rubber Gloves.....8
Brooms & Mops .....8	Jelly & Jam.....cheese, produce, 1	
Bulk Foods .....1	Juice.....4, dairy, produce	<b>S</b> Salad Dressings.....5
Butter & Margarine.....dairy	Juice [frozen].....14	Salt.....5
<b>C</b> Cake & Pies .....bakery, frozen	<b>K</b> Ketchup.....5	School Supplies.....8
Cake Mixes.....gluten free 1, 5	Kool-Aid & Water Enhancers.....4	Seasonings.....produce, bulk 1, 5
Candy.....1	Kosher.....2, frozen	Shampoo & Skin Care.....9
Canned Fish, Fruit, Meat, Pasta & Vegetables.....2	<b>L</b> Laundry Detergent.....8	Shaving Supplies.....9
Cat Food & Litter .....8	Lightbulbs.....8	Snacks & Chips.....7
Cereal.....gluten free 1, 4	<b>M</b> Marshmallows.....5	Soda.....6
Charcoal & Starter Fluid.....7	Matches.....7	Soups.....3
Cheese.....artisan cheese, dairy	Medicines.....9	Spaghetti Sauce.....2
Chicken [frozen].....meat	Mustard.....5	Spices.....produce, bulk 1, 5
Chocolate Drink .....4, dairy	<b>N</b> Napkins.....7	Stove Top Stuffing.....1
Cleansers.....8	Nuts [baking].....bulk 1, 5	Sugar.....5
Coffee, Creamers & Filters.....4	Nuts [eating].....bulk 1, 7	
Cookies.....gluten free 1, 3	<b>O</b> Oil.....5	<b>T</b> Tea.....3
Cool Whip.....11, frozen	Olives .....2, 5	Tissue.....10
Cottage Cheese.....dairy	<b>P</b> Packaged Dinners.....3	Tomatoes [canned].....2
Crackers.....gluten free 1, 3	Pancake Mixes & Syrup.....5	Toothpaste & Brushes.....9
Cream Cheese.....dairy	Paper Plates.....8	Trash Bags.....7
Cups [styrofoam & plastic].....8	Paper Towels.....10	Tuna.....2
<b>D</b> Deodorant.....9	Pasta.....gluten free 1, 2, dairy, frozen	<b>V</b> Vegetables [canned].....2
Diapers.....9	Peanut Butter.....1	Vegetables [frozen].....frozen
Dinners & Entrees [frozen].....2		Vinegar.....5
Dish Detergent.....8	<b>W</b> Waffles & Pancakes [frozen].....frozen	Vitamins.....9
Dog Food & Treats.....8	Water.....6	
Dried Fruit.....5, produce	Window Cleaner.....8	<b>Y</b> Yogurt.....dairy
<b>E</b> Eggs.....dairy		
<b>F</b> Fabric Softeners.....8		
Facial Tissue.....10		